

EmQuest

Life after the diagnosis and
treatment of endometrial cancer

*A survey of symptoms and concerns in women who
have been treated for endometrial cancer*

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Background

- Little published data on late effects of treatment and quality of life after treatment for endometrial cancer
 - Mostly small series
 - Mostly specific issues (eg laparoscopic vs open surgery; brachytherapy vs pelvic RT)

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- Aims to determine the HR-QoL and ongoing symptoms and concerns of a broad group of patients who have been diagnosed and treated for endometrial cancer
- Internet-based cross-sectional self-report questionnaire
- Open to all women living 6 months or more beyond an endometrial cancer diagnosis
- Adaptation of OvQuest

Objectives

- to describe overall HR-QOL, cancer and treatment related symptoms after treatment for endometrial cancer
- to assess the burden of neuropathy, insomnia, fatigue and mood disturbance and their relationship with demographic, cancer, treatment and comorbidity factors
- to assess the burden of physical inactivity and obesity and their relationship to symptoms and quality of life
- to explore the unmet supportive care needs of this population
- to describe patterns and patient expectations of follow-up care after endometrial cancer

Methods

- Self-reported demographics, *comorbidities*, current and *pre-morbid weight and PA, cancer and treatment history*
- Follow-up care received
- Standardised instruments:
 - HR-QOL: *FACT-En*
 - Neuropathy: FACT-GOG-NTX
 - Fatigue and mood: SPHERE
 - Sleep: ISI
 - Physical Activity: IPAQ-SF
 - Supportive care needs: SCNS-SF34
- Free text comments

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YOUR ELIGIBILITY FOR THIS STUDY

The following questions are to confirm that you are eligible to participate in this study.

► Please confirm that the following statements are true:

- I am 18 years of age or older
- I was first diagnosed with endometrial cancer at least 6 months ago

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AUSTRALIA NEW ZEALAND
GYNAECOLOGICAL ONCOLOGY GROUP



Ovarian Cancer Canada
Cancer de l'ovaire Canada

Feasibility

- Low cost, low risk study
- ANZGOG consumer group has reviewed the questionnaire, revised post-feedback
- International collaboration from outset
 - Jessica McAlpine, Canada
- OvQuest recruited over 1000 women across 4 countries, facilitated by ovarian cancer consumer groups
 - Lack of analogous groups in endometrial cancer a challenge
 - Recruitment likely to be more reliant on treating clinicians/cancer centres